



INTIMATE PARTNER VIOLENCE (IPV)

**PART 1:
AWARENESS TRAINING**



WORKSHOP FACILITATOR'S GUIDE



**ABUSE
IS NOT
LOVE**

THIS MODULE WAS CREATED IN PARTNERSHIP WITH YVES SAINT LAURENT BEAUTÉ AS PART OF THEIR NEW PROGRAM:

ABUSE IS NOT LOVE

IPV IS ONE OF THE MOST COMMON FORMS OF VIOLENCE AGAINST WOMEN AND INCLUDES **PHYSICAL, SEXUAL, FINANCIAL, AND EMOTIONAL ABUSE**, AS WELL AS **CONTROLLING BEHAVIORS** BY AN INTIMATE PARTNER. IN THE UNITED STATES YOUNG PEOPLE ARE DISPROPORTIONATELY AFFECTED BY IPV.



INTRODUCTIONS



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OVERVIEW OF IT'S ON US



S. 47

One Hundred Thirteenth Congress
of the
United States of America

AT THE FIRST SESSION

*Begun and held at the City of Washington on Thursday,
the third day of January, two thousand and thirteen*

An Act

To reauthorize the Violence Against Women Act of 1994.

*Be it enacted by the Senate and House of Representatives of
the United States of America in Congress assembled,*



White House Task Force to
Protect Students from Sexual Assault

Violence Against Women Act



Violence
Against
Women
Act



Annie Flanagan for Huff

— PRIDE 2019 —

**How A Feminist Activist Found Herself
Working With Biden In The White House**



STARTED IN 2014 BY PRESIDENT OBAMA AND VICE PRESIDENT BIDEN TO RAISE AWARENESS AROUND **SEXUAL ASSAULT**

OVER **440,000 PEOPLE** HAVE TAKEN THE "IT'S ON US" PLEDGE TO COMBAT COLLEGE SEXUAL ASSAULT

500+ STUDENT CHAPTERS HAVE HELD OVER 6,000 EDUCATIONAL AND ORGANIZING EVENTS IN ALL 50 STATES AND WASHINGTON, D.C.



DEFINITIONS

IPV – INTIMATE PARTNER VIOLENCE

EXERTING POWER OR CONTROL OVER A PERSON THAT YOU HAVE OR HAVE PREVIOUSLY HAD A RELATIONSHIP WITH. IPV CAN TAKE MANY FORMS, RANGING FROM PHYSICAL, EMOTIONAL, ECONOMIC, OR VERBAL ABUSE.



DEFINITIONS

TRAUMA IS AN EVENT THAT COMBINES FEAR, HORROR,
OR TERROR WITH ACTUAL OR PERCEIVED LACK OF
CONTROL.



EVERY RELATIONSHIP IS DIFFERENT, BUT THE THINGS THAT **UNHEALTHY** AND **ABUSIVE RELATIONSHIPS** HAVE IN COMMON ARE ISSUES OF POWER AND CONTROL. VIOLENT WORDS AND ACTIONS ARE TOOLS AN ABUSIVE PARTNER USES TO GAIN AND MAINTAIN **POWER** AND CONTROL OVER THEIR PARTNER.



PREVALENCE OF INTIMATE PARTNER VIOLENCE



IN THE U.S., MORE THAN 27% OF WOMEN AND 14% OF MEN
HAVE EXPERIENCED SEXUAL VIOLENCE, PHYSICAL VIOLENCE,
AND/OR STALKING **BY AN INTIMATE PARTNER** IN THEIR
LIFETIME AND EXPERIENCED AN INTIMATE PARTNER VIOLENCE
RELATED IMPACT

FROM 2016 THROUGH 2018 THE NUMBER OF INTIMATE
PARTNER VIOLENCE CASES IN THE UNITED STATES INCREASED
42%

(2017, NISVS REPORT)

(2019, NCADV REPORT)





AN ABUSER'S **ACCESS TO A FIREARM** INCREASES THE RISK OF INTIMATE PARTNER FEMICIDE BY 400%.

INTIMATE PARTNER VIOLENCE ACCOUNTS FOR **15% OF ALL VIOLENT CRIME**.

INTIMATE PARTNER VIOLENCE IS **MOST COMMON AGAINST WOMEN** BETWEEN THE AGES OF 18-24.

AN AVERAGE OF **24 PEOPLE PER MINUTE** ARE SURVIVORS OF RAPE, PHYSICAL VIOLENCE OR STALKING BY AN INTIMATE PARTNER IN THE UNITED STATES — MORE THAN 12 MILLION WOMEN AND MEN OVER THE COURSE OF A SINGLE YEAR.

(2017, NISVS REPORT)

(2019, NCADV REPORT)

(2011, NISVS REPORT)



WOMEN BETWEEN THE AGES OF 18-24 ARE AT RISK OF
SEXUAL ASSAULT AT A RATE THREE TIMES HIGHER THAN
OTHER WOMEN.

SEXUAL VIOLENCE IS THE MOST UNDERREPORTED CRIME.





OVER 90% OF SEXUAL VIOLENCE IN THE U.S. GOES
UNREPORTED.

LESS THAN 20% OF FEMALE SURVIVORS THAT REPORT THEIR
ASSAULT, CHOSE TO REPORT TO THE POLICE.





HEALTHY VS. **UNHEALTHY** RELATIONSHIPS

HEALTHY

- CONSENT AND BOUNDARIES ARE RESPECTED
- OPEN AND HONEST COMMUNICATION
- EXPERIENCE FREEDOM AND INDEPENDENCE
- MAINTAIN RELATIONSHIPS WITH FRIENDS & FAMILY
- AGENCY OVER HOW YOU LIVE YOUR LIFE



UNHEALTHY

- CONTROLLING AND JEALOUS
- DISRESPECTFUL OF BOUNDARIES
- ISOLATING FROM FRIENDS & FAMILY
- HUMILIATING AND MANIPULATIVE





VIRTUAL ABUSE IS STILL ABUSE



IPV EXAMPLE

“I LOVE YOU SO MUCH, I DON’T THINK YOU SHOULD HANG OUT WITH YOUR FRIENDS.”



VIRTUAL IPV EXAMPLE

“I LOVE YOU SO MUCH, LET ME GO THROUGH YOUR PHONE AND MAKE SURE EVERYTHING’S OKAY.”



YSL BEAUTY - ABUSE IS NOT LOVE
9 SIGNS OF ABUSE



**ABUSE
IS NOT
LOVE**



ACTIVITY



ALEX AND JORDAN HAVE BEEN DATING FOR TWO YEARS. ALEX MOVES INTO JORDAN'S APARTMENT FOR THEIR JUNIOR YEAR OF COLLEGE.

JORDAN EXPRESSES THAT **THEY DON'T LIKE ALEX GOING OUT** ON THE WEEKENDS WITH THEIR FRIENDS AND THAT THEY NEED **ALEX'S LOCATION CONSTANTLY TURNED ON**.

ALEX DOES NOT FEEL COMFORTABLE WITH THIS, BUT JORDAN **THREATENS TO THROW ALEX OUT** IF THEY DON'T DO IT.

JORDAN STARTS TO TELL ALEX THAT THEIR FRIENDS AND FAMILY **DO NOT TRULY CARE FOR THEM** AND ALEX BEGINS TO GO HOME LESS OFTEN BECAUSE OF THIS



**WHAT ARE SOME RED FLAGS OF IPV
YOU SEE IN THIS SCENARIO?**



ABUSE IS NOT LOVE
9 SIGNS OF ABUSE

Nº1

IGNORING

YOU ON

DAYS THEY

ARE ANGRY

IT'S ON
US



BEAUTE



Nº2

BLACKMAILING

YOU IF YOU

REFUSE TO DO

SOMETHING



Nº3

HUMILIATION

**PUTTING
YOU
DOWN**



Nº4

**MANIPULATION
TO COERCE YOU
INTO DOING
OR SAYING
SOMETHING**

N°5

JEALOUSY

**OVER
EVERYTHING
YOU DO**



Nº6

CONTROL

OVER WHERE

YOU GO

AND HOW

YOU LOOK





IT'S ON
US

YSL
BEAUTE

Nº7

INTRUSION

**GOING THROUGH
YOUR PHONE
OR TRACKING
YOUR LOCATION**



Nº8

ISOLATION

**CUTTING YOU
OFF FROM
FRIENDS
AND FAMILY**



Nº9

INTIMIDATION

CALLING YOU

CRAZY AND

INSTILLING

FEAR



Nº1 IGNORING YOU ON DAYS THEY ARE ANGRY

Nº2 BLACKMAILING YOU IF YOU REFUSE TO DO SOMETHING

Nº3 HUMILIATING OR PUTTING YOU DOWN

Nº4 MANIPULATION - TO COERCE YOU INTO DOING OR SAYING SOMETHING

Nº5 JEALOUSY OVER EVERYTHING YOU DO

Nº6 CONTROL OVER WHERE YOU GO OR HOW YOU LOOK

Nº7 INTRUSION - GOING THROUGH YOUR PHONE OR TRACKING YOUR LOCATION

Nº8 ISOLATION - CUTTING YOU OFF FROM FRIENDS AND FAMILY

Nº9 INTIMIDATION - CALLING YOU CRAZY AND INSTILLING FEAR



IDENTIFYING THE 9 SIGNS

Nº1 DO YOU NOTICE THAT YOU (OR A FRIEND)
LACK FREEDOM IN A RELATIONSHIP?

Nº2 DO YOU NOTICE THAT YOU (OR A FRIEND)
ARE NOT ALLOWED TO DO THINGS THAT YOU TRULY WANT
TO DO AND MAKE YOUR OWN CHOICES?

Nº3 DO YOU OR A FRIEND FEEL LIKE YOU ARE
WALKING ON EGGHELLS REGULARLY IN A RELATIONSHIP?
WHAT IS CAUSING THIS FEELING?





PROTECTION FOR THOSE EXPERIENCING ABUSE



NEUROSCIENCE SUGGESTS THAT MANY COMMON SURVIVOR
RESPONSES ARE THE RESULT OF **FEAR** AND **TRAUMA**,
NOT DECEPTION.



PHYSICAL ABUSE OR THREAT OF PHYSICAL LIFE-THREATENING ABUSE BY AN INTIMATE PARTNER IS A FEDERAL CRIME IN THE UNITED STATES.



**FEDERAL LAWS AIMED AT PROTECTING STUDENTS
WHO EXPERIENCE **IPV AND OTHER FORMS OF SEXUAL VIOLENCE**
OR GENDER DISCRIMINATION**

**THESE LAWS CAN HELP YOU ACCURATELY KNOW
HOW TO SEEK OR OFFER HELP**



TITLE IX

- TITLE IX OF THE EDUCATION AMENDMENTS OF 1972 IS A FEDERAL LAW THAT PROHIBITS DISCRIMINATION ON THE BASIS OF SEX IN FEDERALLY FUNDED EDUCATIONAL PROGRAMS AND ACTIVITIES.
- TITLE IX DECLARES THAT SEXUAL HARASSMENT AND SEXUAL VIOLENCE ARE PROHIBITED FORMS OF GENDER DISCRIMINATION.
- SEX DISCRIMINATION CAN INCLUDE SEXUAL HARASSMENT OR SEXUAL VIOLENCE, SUCH AS RAPE, SEXUAL ASSAULT, SEXUAL BATTERY, AND SEXUAL COERCION.



TITLE IX

“NO PERSON IN THE UNITED STATES SHALL, ON THE BASIS OF SEX, BE EXCLUDED FROM PARTICIPATION IN, BE DENIED THE BENEFITS OF, OR BE SUBJECTED TO DISCRIMINATION UNDER ANY EDUCATION PROGRAM OR ACTIVITY RECEIVING FEDERAL FINANCIAL ASSISTANCE.”



VIOLENCE AGAINST WOMEN ACT*

THE VIOLENCE AGAINST WOMEN ACT (VAWA) IS A FEDERAL LAW THAT SUPPORTS RESPONSE TO CRIMES OF DOMESTIC VIOLENCE, SEXUAL ASSAULT, DATING VIOLENCE AND STALKING. IT WAS SIGNED INTO LAW IN 1994 AND HAS BEEN REAUTHORIZED IN 2000, 2005, AND 2013.

*IT IS UP FOR REAUTHORIZATION AS OF MARCH 2021



CLERY ACT

THE JEANNE CLERY DISCLOSURE OF CAMPUS SECURITY POLICY AND CAMPUS CRIME STATISTICS ACT IS A FEDERAL STATUTE REQUIRING COLLEGES AND UNIVERSITIES PARTICIPATING IN FEDERAL FINANCIAL AID PROGRAMS TO MAINTAIN AND DISCLOSE CAMPUS CRIME STATISTICS AND SECURITY INFORMATION.

THE VIOLENCE AGAINST WOMEN REAUTHORIZATION ACT AMENDED THE JEANNE CLERY ACT TO AFFORD ADDITIONAL RIGHTS TO CAMPUS SURVIVORS OF SEXUAL ASSAULT, DOMESTIC VIOLENCE, DATING VIOLENCE, AND STALKING.





THE IMPACT OF COVID-19 ON INTIMATE PARTNER VIOLENCE

**IPV REPORTING RATES
DECREASED DURING
THE PANDEMIC.**



IT'S ON
US

YSL
BEAUTE



IN SOME REGIONS OF THE COUNTRY, THE NUMBER OF INTIMATE PARTNER VIOLENCE **REPORTED DROPPED** BY MORE THAN 50% BY MARCH 2020.

ONE CALLER TO A DOMESTIC VIOLENCE HOTLINE REPORTED THAT HER HUSBAND THREATENED TO THROW HER OUT INTO THE STREET **IF SHE COUGHED**.

A CALLER REPORTED THEY HAD BEEN STRANGLERED BY THEIR PARTNER BUT **FEARED GOING TO THE HOSPITAL** BECAUSE OF THE THREAT OF CORONAVIRUS.

AN IMMUNOCOMPROMISED MAN FROM PENNSYLVANIA CALLED IN AFTER HIS EMOTIONALLY ABUSIVE GIRLFRIEND BEGAN **HIDING CLEANING SUPPLIES AND HAND SANITIZER** FROM HIM.

(FIELDING S. "IN QUARANTINE WITH AN ABUSER: SURGE IN DOMESTIC VIOLENCE REPORTS LINKED TO CORONAVIRUS." THE GUARDIAN. APRIL 3, 2020)



IF WE KNOW THAT A DECREASE IN REPORTING RATES
DOES NOT EQUAL A DECREASE IN PREVALENCE,
WHAT IS CAUSING SURVIVORS TO **SEEK LESS SERVICES?**

AS COVID-19 CASES SURGED IN THE COUNTRY IN MARCH 2020, STAY-AT-HOME ORDERS WERE PUT IN PLACE AND PERSONAL MOVEMENT BECAME LIMITED...

IT'S ON
US

YSL
BEAUTE





STAY-AT-HOME ORDERS AND ORDERS TO SELF-QUARANTINE, INTENDED TO PROTECT THE PUBLIC AND PREVENT WIDESPREAD INFECTION, LEFT MANY IPV SURVIVORS **TRAPPED WITH THEIR ABUSERS**

SCHOOLS CLOSED, AND MANY WORKERS WERE FURLOUGHED, LAID OFF, OR TOLD TO WORK FROM HOME CAUSING AN INCREASE IN THE TIME SPENT AT HOME AND WITH THAT, THE POSSIBILITY FOR **INTIMATE PARTNER VIOLENCE**

SURVIVORS WERE **UNABLE TO FIND A WAY TO CONNECT** BOTH SAFELY AND PRIVATELY WITH SUPPORT SERVICES



ACTIVITY



IN THE FOLLOWING POPULAR FILMS AND SONGS,
CAN YOU IDENTIFY THE NORMALIZATION OF **INTIMATE PARTNER
VIOLENCE** BY USING YSL BEAUTY'S 9 SIGNS?

*CONTENT WARNING: IPV



IS YOUR PARTNER....

Nº1 **IGNORING** YOU ON DAYS THEY ARE ANGRY

Nº2 **BLACKMAILING** YOU IF YOU REFUSE TO DO SOMETHING

Nº3 **HUMILIATING** OR PUTTING YOU DOWN

Nº4 **MANIPULATION** - TO COERCE YOU INTO DOING OR SAYING SOMETHING

Nº5 **JEALOUSY** OVER EVERYTHING YOU DO

Nº6 **CONTROL** OVER WHERE YOU GO OR HOW YOU LOOK

Nº7 **INTRUSION** - GOING THROUGH YOUR PHONE OR TRACKING YOUR LOCATION

Nº8 **ISOLATION** - CUTTING YOU OFF FROM FRIENDS AND FAMILY

Nº9 **INTIMIDATION** - CALLING YOU CRAZY AND INSTILLING FEAR



MADEA'S FAMILY | REUNION SCENE





A STAR IS BORN | BATHTUB SCENE





DISCUSSION QUESTION

Nº1 IN THE ABOVE TWO EXAMPLES, CAN YOU IDENTIFY ANY CHARACTERISTICS OF INTIMATE PARTNER VIOLENCE THAT IS NOT PHYSICAL?

Nº2 IS THIS TYPE OF VIOLENCE SOMETHING THAT SOCIETY HAS TAUGHT US TO BE “NORMAL” IN OUR RELATIONSHIPS? DESCRIBE ANY ABUSIVE BEHAVIORS YOU’VE SEEN - PHYSICAL OR ONLINE.

Nº3 ARE THERE OTHER EXAMPLES FROM POPULAR FILMS, TELEVISION, SONG LYRICS, OR OTHER FORMS OF POP CULTURE WHERE YOU IDENTIFY THE 9 SIGNS OF IPV?



QUESTIONS?



RESOURCES FOR ANYONE EXPERIENCING IPV OR OTHER FORMS OF VIOLENCE:

RAINN HOTLINE: 800-656-4673

NATIONAL DOMESTIC VIOLENCE HOTLINE: THE NATIONAL DOMESTIC VIOLENCE HOTLINE IS STILL ACCESSIBLE 24/7.

PLEASE CALL THEM AT 1-800-799-7233

NATIONAL HUMAN TRAFFICKING HOTLINE: THE NATIONAL HUMAN TRAFFICKING HOTLINE IS STILL ACCESSIBLE 24/7.

PLEASE CALL THEM AT 1-888-373-7888 OR TEXT THEM AT 233-733

SUICIDE PREVENTION HOTLINE: THE NATIONAL SUICIDE PREVENTION LIFELINE IS STILL ACCESSIBLE 24/7. PLEASE CALL

THEM AT 1-800-273-8255



THANK YOU!

FOR MORE RESOURCES VISIT [ITSONUS.ORG](https://www.itsonus.org)