



**It's On Us Workshop:
ORGANIZING AND
PREVENTION STRATEGY**

Agenda

- Introductions
- Self-Care Check In
- Coming Up
- Prevention Theory Refresh
- Developing Learning Outcomes
- Organizing Strategies
- Toolkit Materials + Next Steps
- Self-Care Reminder
- Post-Training Survey

Learning Outcomes

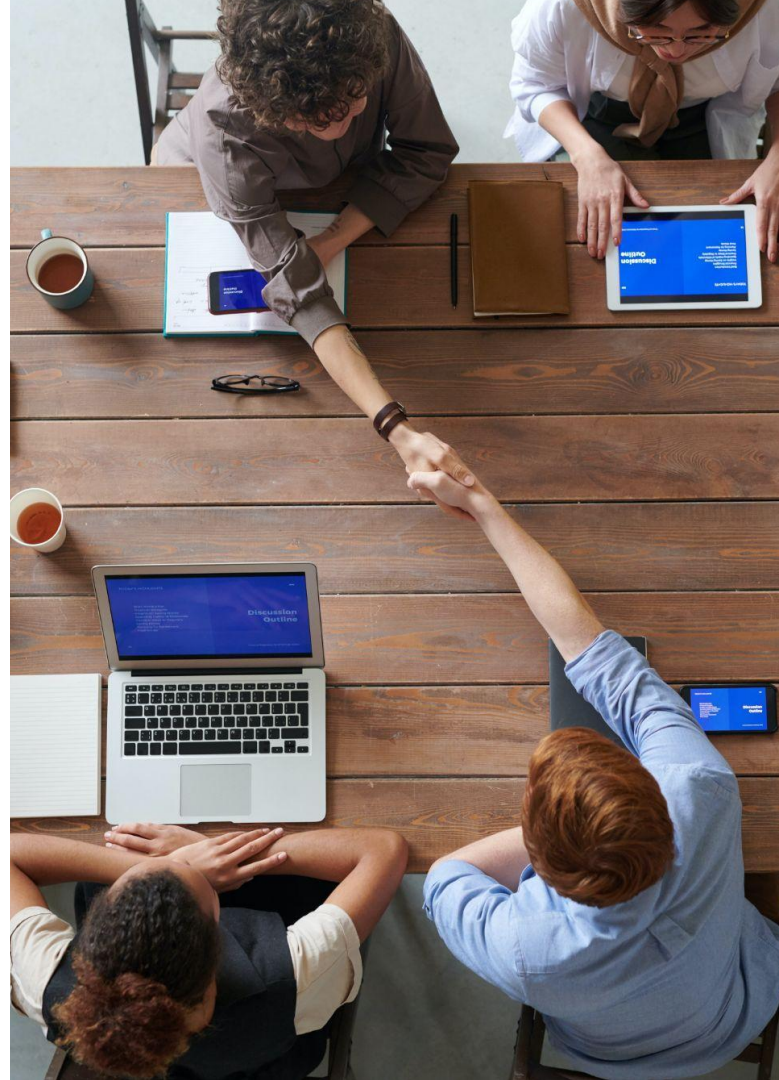
IOU chapter members will apply Bloom's Taxonomy by developing learning outcomes for prevention programming.

IOU chapter members will brainstorm educational strategies based on desired learning outcomes.

IOU chapter members will generate organizing strategies based on identified demands for campus administrators.

IOU chapter members will practice organizing strategies (e.g., canvassing, petitioning).

INTRODUCTIONS



SELF-CARE CHECK



PREVENTION THEORY REFRESH



Three Types of Violence Prevention

PRIMARY

- Stopping violence before it happens.
- Building healthy and egalitarian communities.

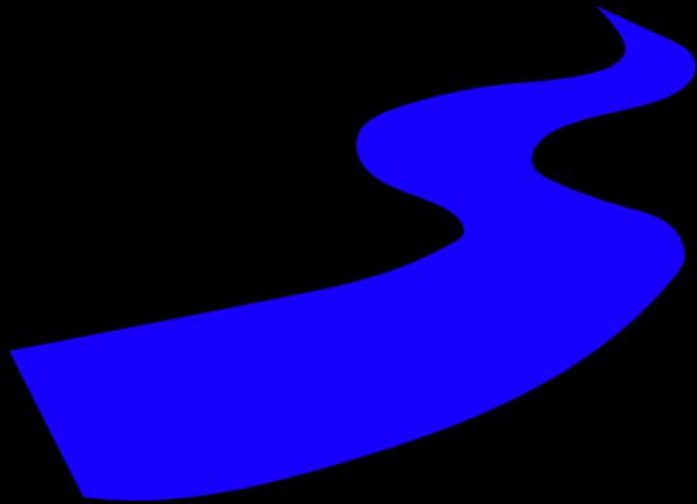
SECONDARY

- Stopping violence that is already happening.
- Responding to violence immediately after it happens.

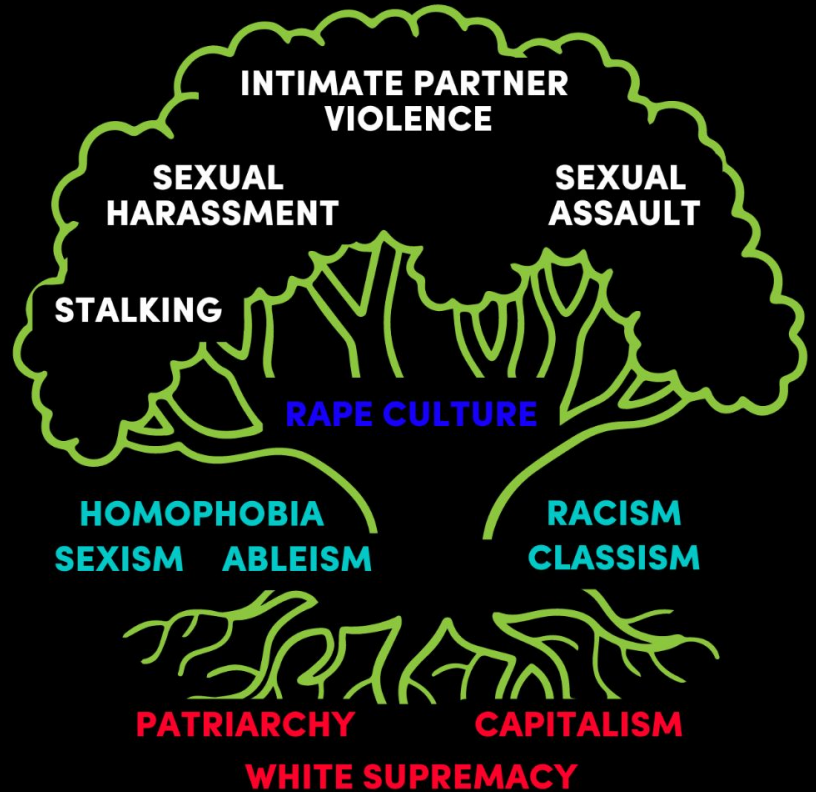
TERTIARY

- Stopping violence from happening again.
- Promoting healing and transformation in communities.

**Primary Prevention:
Moving “Upstream”**



Primary Prevention: Root Causes of Violence



Social Justice Framework Overview

Traditional Approaches	Social Justice Framework
Focuses primarily on individual responsibility	Focuses on individual actions plus systemic/cultural factors, institutional policies, political context
Perpetrator's personal agency is invisible	Perpetrator's individual agency and the systems that support their actions are named
Does not acknowledge identity, power, and oppression	Recognizes identity, power, and oppression as essential to deconstructing interpersonal dynamics
Prevention work occurs in isolation	Prevention work is collaborative and recognized as a community effort
Overlays existing practices, programs, procedures, and policies	Infiltrates and disrupts the systems, structures, culture and core values of the institution
Depends on one "champion" of prevention	Is sustainable and has many "champions"

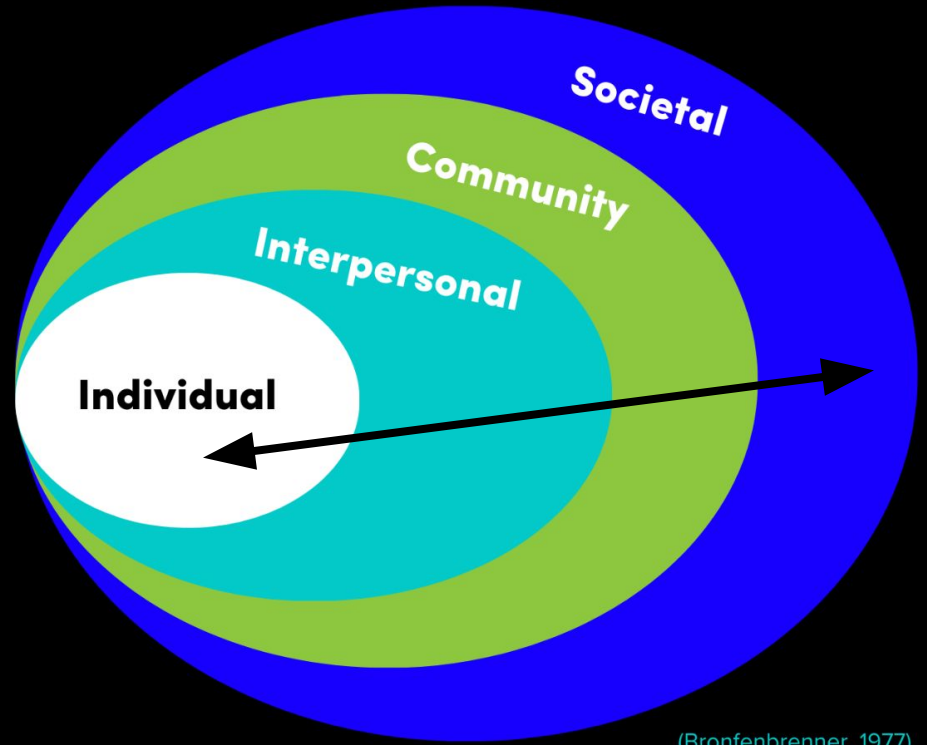
Risk Factors

Factors that put people more at risk for experiencing and/or perpetrating violence.

Protective Factors

Factors that protect people from experiencing and/or perpetrating violence.

Primary Prevention: Strategy & Theory



(Bronfenbrenner, 1977)

DEVELOPING LEARNING OUTCOMES

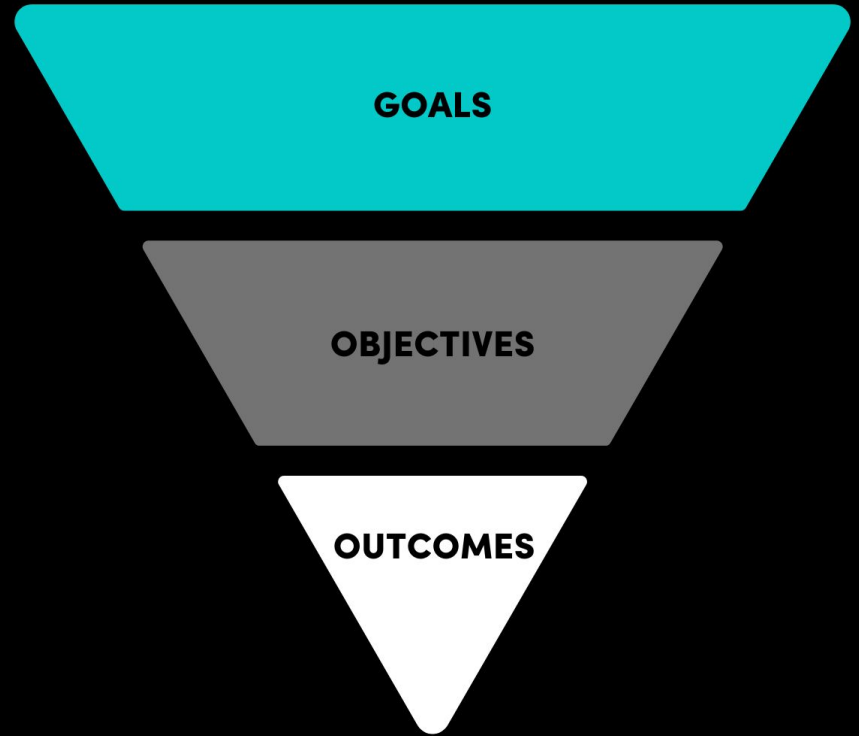


LEARNING OUTCOMES:

Specific statements describing what participants will be able to do when they successfully complete a learning experience.

Learning Outcomes

- **GOALS** =
general content and direction
- **OBJECTIVES** =
instructor-centered and not measurable
- **OUTCOMES** =
learner-centered, measurable, and achievable



Learning Outcomes

- Learner-centered
- Measurable
- Concise
- Meaningful
- Achievable

Bloom's Taxonomy

REMEMBER

- Recognizing
- Recalling

UNDERSTAND

- Interpreting
- Exemplifying
- Classifying
- Summarizing
- Inferring
- Comparing
- Explaining

APPLY

- Executing
- Implementing

ANALYZE

- Differentiating
- Organizing
- Attributing

EVALUATE

- Checking
- Critiquing

CREATE

- Generating
- Planning
- Producing

Bloom's Taxonomy

REMEMBER

- Choose
- Define
- Find
- How
- Label
- Match
- Name
- Omit
- Recall
- Relate
- Select
- Show
- Spell
- Tell

UNDERSTAND

- Classify
- Compare
- Contrast
- Demonstrate
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- Interpret
- Outline
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- Translate

APPLY

- Build
- Choose
- Construct
- Develop
- Experiment
- Identify
- Interview
- Make use of
- Model
- Organize
- Plan
- Select
- Solve
- Utilize

ANALYZE

- Categorize
- Classify
- Compare
- Conclude
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- Discover
- Dissect
- Distinguish
- Divide
- Examine
- Function
- Inference
- Inspect
- List

EVALUATE

- Assess
- Choose
- Criticize
- Decide
- Deduce
- Defend
- Determine
- Disprove
- Explain
- Influence
- Interpret
- Judge
- Justify
- Measure

CREATE

- Adapt
- Build
- Change
- Combine
- Compile
- Compose
- Construct
- Create
- Design
- Develop
- Formulate
- Imagine
- Improve
- Invent
- Modify



CRITICISM

Verbally attacking personality or character



DEFENSIVENESS

Victimizing yourself to ward off a perceived attack and reverse the blame.



CONTEMPT

Attacking sense of self with an insult or abuse



STONEWALLING

Withdrawing to avoid conflict and convey disapproval, distance, and separation.

1. **Remember:** Participants will recall Dr. John Gottman's Four Horsemen of Conflict.
2. **Understand:** Participants will explain how Dr. John Gottman's Four Horsemen of Conflict are unhealthy forms of communication in relationships.
3. **Apply:** Participants will identify Dr. John Gottman's Four Horsemen of Conflict.
4. **Analyze:** Participants will contrast the Four Horsemen with alternative, healthy behaviors.

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PRACTICE!

GOAL:

Educate your audience about consent and sexual communication.

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Choose
Define
Find
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Name
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UNDERSTAND

Demonstrate
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Rephrase
Summarize

APPLY

Build
Choose
Construct
Develop
Identify
Model

PRACTICE!

GOAL:

Educate your audience about consent and sexual communication.

REMEMBER

Participants will define consent.

UNDERSTAND

Participants will explain why sexual communication is important.

APPLY

Participants will model sexual communication.

ORGANIZING STRATEGIES

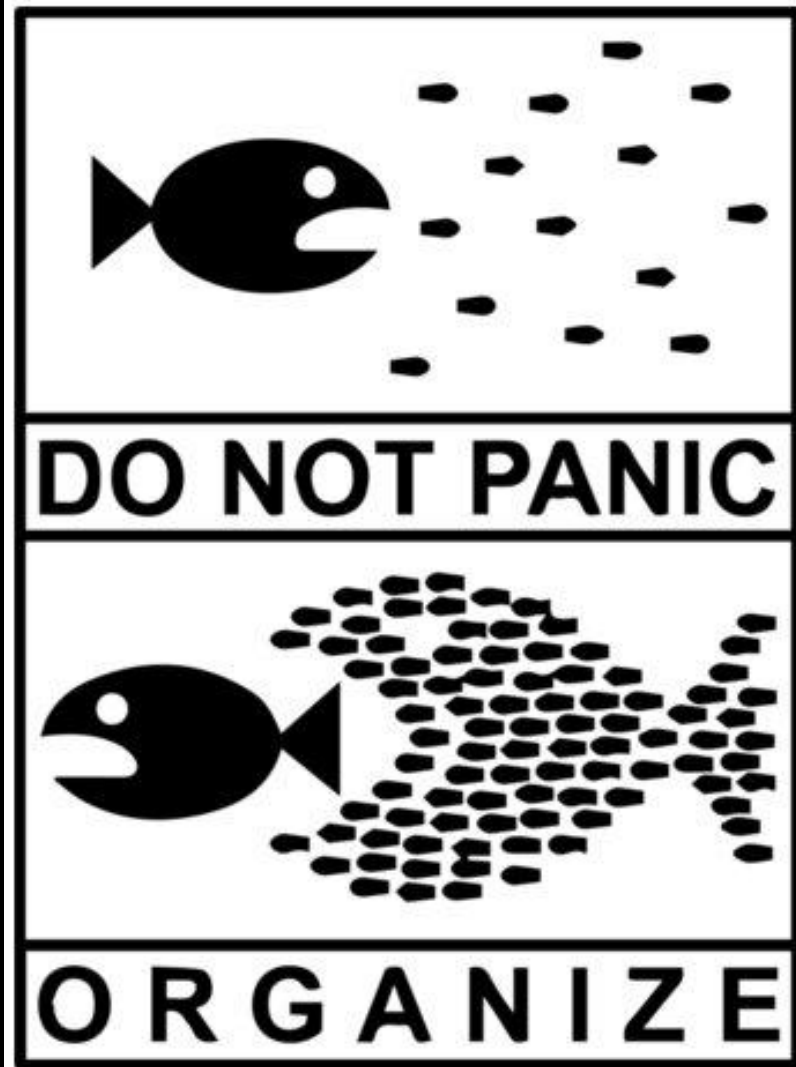


What is NOT organizing?



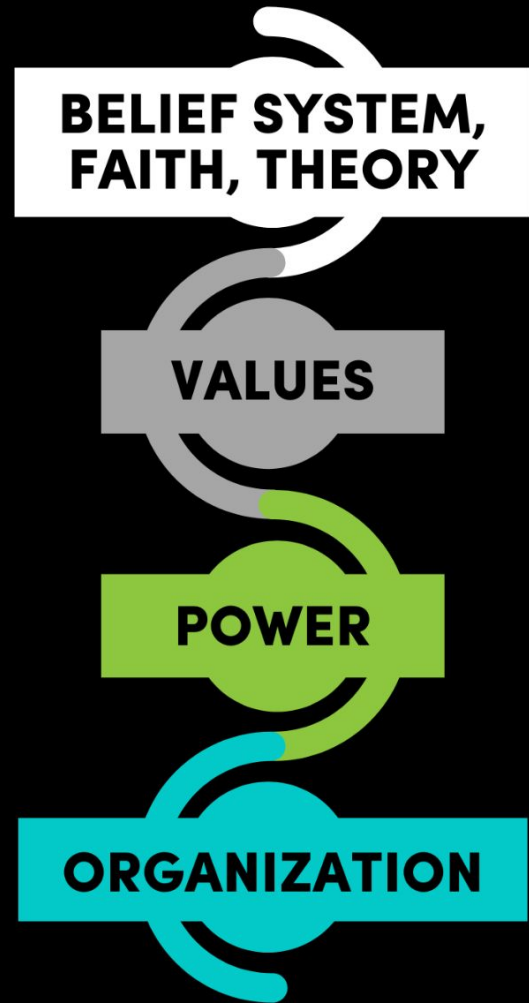
What is Power?

1. Organized people + organized resources
2. Infrastructure-building
3. Meaning: Worldview and ideology

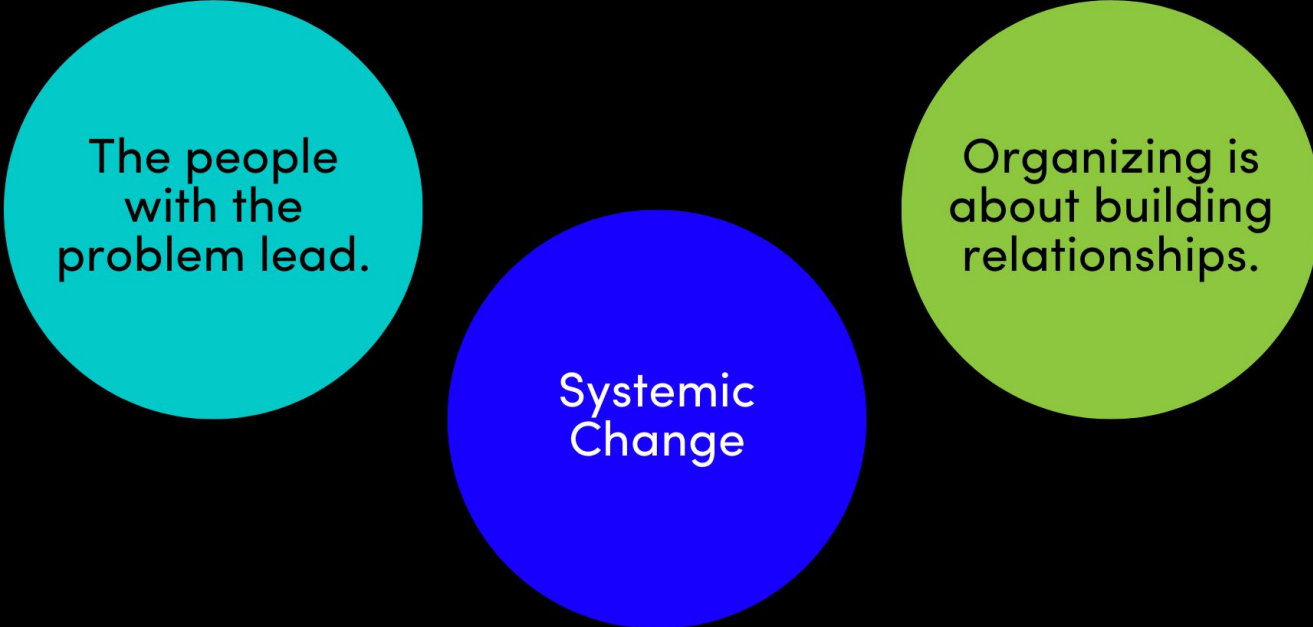


What Do We Use Power For?

Power is used to protect your values, which is derived from your belief system, faith, or theory. Power must be housed in a vessel, like an organization.



Three Principles of Organizing



The people
with the
problem lead.

Systemic
Change

Organizing is
about building
relationships.

LEADERSHIP BASICS



**Think about a time when
you were a good leader.**

**Think about a time when you
confronted a challenge that required
you to grow your leadership skills to
achieve your desired outcome.**

Leadership Skills



RELATIONSHIPS



CREATIVITY



DECISION-MAKING



**CRITICAL
THINKING**



ADAPTABILITY



TEAM MORALE



**CONFLICT
MANAGEMENT**



**SHARED
RESPONSIBILITY**